Cancer survivors share tales of hope and courage at Festival of Life

By Jon Nalick

In a festive atmosphere punctuated with song and laughter, more than 700 cancer survivors and family members gathered for the USC Norris Comprehensive Cancer Center and Hospital’s 24th annual Festival of Life on May 31.

Art Ulene, MD, a Norris Cancer Center advisory board member and former “Today Show” medical correspondent, served as master of ceremonies for the event, which also featured testimonies by cancer survivors and encouragement from USC Norris physicians.

Educational booths staffed by cancer survivors, hospital employees and community organization representatives lined Harry and Celesta Pappas Quad as attendees filtered into the festival. One booth featured a “Scroll of Life,” lauding the work and courage of patients and their medical support teams with handwritten notes of gratitude.

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For leprosy at LAC+USC Medical Center. He also found a way to combine his interest in the humanities with medicine. He helped create the Keck School’s first classes in bioethics, a collaboration with a religious studies program.

Former Keck School faculty member Norman Levan, 98

By Hope Hamaahige

Norman Levan, MD, professor emeritus and a former chief of the Department of Dermatology at the Keck School of Medicine of USC, died at his home in Bakersfield, Calif., on May 25 at the age of 98. Levan had a long and distinguished relationship with USC that started when he enrolled as a literature major as an undergraduate. He returned to USC to attend the Keck School of Medicine, from which he graduated in 1939, and passed his boards the following year.

He served in the Army Medical Corps during World War II before starting a practice in dermatology and joining the faculty of the Keck School. He was chair of the department of dermatology from 1961 to 1981. During that time, he established the Hansen’s Disease Clinic at the Keck School of Medicine since 1970. Mosqueda is the co-director of the National Center on Elder Abuse, a federally-funded initiative that serves as the nation’s coordinating body and clearinghouse for information on research, training, best practices, news and resources on elder abuse, neglect and exploitation.

She is the principal investigator for a major Health and Human Services-funded study that addresses primary and secondary prevention of the abuse of people who have a dementing illness, and is the leader of numerous other activities related to elder justice.

Laura A. Mosqueda

Laura A. Mosqueda, MD, has been named chair of the Department of Family Medicine, professor of family medicine and geriatrics (clinical scholar) and associate dean of primary care at the USC Keck School of Medicine of USC, effective July 1.

Making the announcement, Dean Carmen A. Puliafito, MD, MBA, called her “an outstanding clinician and innovative teacher with a proven track record as a dynamic builder of clinical, educational and interdisciplinary programs.”

Mosqueda is a graduate of USC who served the past 16 years at the University of California, Irvine (UCI) School of Medicine as associate dean of primary care, chair and professor of family medicine and geriatrics, and holder of the Ronald W. Reagan Endowed Chair in Geriatrics.

Mosqueda is a widely respected authority on geriatric and family medicine, elder abuse, and care of the elderly and underserved.

She succeeds Jerry D. Gates, PhD, who will step down after serving as Chair of the Department of Family Medicine since 2007.

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Justin Ichida is seeking new ways to treat patients with frontotemporal lobar scleroses, which will enable the investigation and prosecution of elder-abuse cases. In 2006, Los Angeles County agencies established a caseworker as a family intervention,“This project leverages the interdisciplinary expertise of our group covering the fields of supermolecular chemistry, nanoparticles, radiochemistry, molecular imaging and cancer biology,” said Chen. “We envision that the success of our proposed research could change the current paradigm in PET cancer imaging, and open new opportunities for pretargeted drug delivery.”

By Leslie Ridgeway
A Keck School of Medicine of USC research study using cell phones to survey youngsters about sedentary behavior has given scientists what they believe is a more accurate snapshot of real-time sedentary activity among children than an after-the-fact survey could accomplish.

Vee Liao, lead author and a doctoral student in the Department of Preventive Medicine and the Institute for Health Promotion and Disease Prevention Research at the Keck School, said, “Using this method, we could capture daily behavior and ask questions about who the kids were with.”

The research was recently published online in the Journal of Physical Activity & Health. Genevieve Dutton, MD, PhD, assistant professor of preventive medicine at the Institute for Health Promotion, was principal investigator.

The purpose of the research was to determine the most promising intervention targets for increasing physical activity among youngsters from the ages of 9 to 13. The goal was to learn where the children were, whom they were with and what they were doing when they weren’t at school, thereby revealing sedentary behavior patterns.

Working with a team led by Stephen Intille, PhD, from Northeastern University that develops mobile phone health technology, the USC investigator sent 120 children 20 electronic surveys over a four-day period that included two weekdays and two weekend days. The surveys were sent randomly over phones supplied by the team; the phones’ only feature was to prompt the youngsters and accept answers to the survey. Liao said. Sedentary behavior was divided into productive (homework, reading) or leisure-oriented activity (playing video games, watching TV).

Seventy-seven percent of all the prompted surveys were answered by the children. The surveys demonstrated that the youngsters were usually at home with family members when they were least active. Fifty-eight percent of the reported sedentary activities occurred with family members, while 26 percent occurred while the children were alone.

“This could indicate an opportunity for family intervention,” Liao said.

The team also found that the children were six times more likely to engage in leisure-oriented sedentary behavior instead of productive sedentary behavior when with friends, and when alone, were equally likely to engage in leisure or productive sedentary behavior.

Boys participating in the survey were three times as likely to engage in leisure-oriented sedentary activities over productive sedentary activities when not at school. Liao said. Girls were equally likely to engage in leisure-oriented and productive sedentary activities.

Baxter Foundation supports innovative, young researchers at USC

By Cristy Lytal
In 1959, the Donald E. and Delia R. Baxter Foundation made its first grant of $6,000 to USC. Fifty-five years later, the foundation continues its tradition of supporting innovative medical research with $100,000 awards to two talented assistant professors: Justin Ichida, PhD, in the Department of Stem Cell Biology and Regenerative Medicine, and Kai Chen, PhD, in the Department of Radiology. The foundation also awarded $100,000 for the Baxter Medical Student Summer Research Fellowship Program.

Ichida will use his award to find new ways to treat patients with two fatal neurodegenerative disorders: frontotemporal dementia (FTD) and amyotrophic lateral sclerosis (ALS or Lou Gehrig’s disease).

The most common forms of both ALS and FTD are caused by the same genetic mutation in which six letters of the genetic code repeat as many as 1,000 times. In FTD, this causes the death of neurons in the front and sides of the brain, leading to a loss of personality, emotions, empathy, memory and, eventually, basic bodily functions. In ALS, the mutation causes the death of motor neurons — the cells that convey messages between the brain and the muscles — leading to paralysis and usually resulting in fatal respiratory failure.

Ichida’s lab is determining precisely how this genetic mutation causes these diseases, which will enable the discovery of more targeted drug therapies.

“The Baxter Foundation is looking to fund projects that are going to improve the lives of patients sooner rather than later,” said Ichida. “It’s a good fit for us. We don’t know the answer to the questions that we proposed, but we’re close to finding out.”

Chen’s award will improve the lives of a different group of patients by advancing a tumor imaging technology called “position emission tomography,” or PET.

“This project leverages the U.S. Department of Justice’s National award for Professional Innovation in Victim Services. She is also an expert on medical education curriculum design, development and implementation. She was the principal investigator on a four-year, $2 million grant from the Reynolds Foundation grant to integrate geriatrics education throughout the UCI School of Medicine and was chair of the school’s committee that provided oversight of all medical education activities.
HSC NEWSMAKERS

The May/June 2014 edition of Spine Surgery Today announced that John C. Liu, MD, co-director of the USC Spine Center, was named the publication’s chief medical editor for neurosurgery.

A May 29 report in the Los Angeles Times featured a study by Scott Friul, DErv, assistant professor of preventive medicine at the Keck School, and Neelakshi Hudda, PhD, research associate in preventive medicine at the Keck School, and colleagues finding that LAX is a major source of air pollution for communities up to 10 miles east of the runways. Cities affected include Lennox, El Segundo, Inglewood and parts of Los Angeles.

A May 27 article in The Boston Globe quoted Arthur Toga, PhD, co-director of the Institute for Neuroimaging and Informatics and Provost Professor at the Keck School, about the potential applications for advances in neuroscience. The Washington Times cited Toga.

A May 25 Orlando Sentinel report quoted Richard Paulson, MD, FACOG, director of USC Fertility and chief of the Division of Reproductive Endocrinology and Infertility at Keck School, about a woman who is supposedly the oldest woman to have a baby through in vitro fertilization.

A May 21 broadcast on CNS News “This Morning” interviewed David Agus, MD, professor of medicine and engineering at Keck Medicine and the Viterbi School of Engineering, about the use of genetic sequencing in cancer treatment.

A May 20 Los Angeles Times article quoted Anne Schuckman, MD, assistant professor of urology at the Keck School, about the health impact in a police brutality case.

A May 20 Los Angeles Times report mentioned that the Keck Medical Center of USC and Los Angeles County-USC Medical Center will collaborate with other area healthcare providers to endorse end-of-life care guidelines.

A May 18 Los Angeles Business article featured Grace Aldrovandi, MD, associate professor of pediatrics at the Keck School, who has been named as chief of the Children’s Hospital Los Angeles Division of Infectious Diseases. The story noted she has published more than 100 peer-reviewed publications and eight book chapters, and leads a research program at The Saban Research Institute studying the transmission of HIV in breast milk.

A May 14 column in the Los Angeles Times quoted Lon Schneider, MD, MS, professor of psychiatry, neurology, and gerontology at the Keck School, about age-related memory loss and Alzheimer’s disease.

A May 9 article in the Los Angeles Times reported that Laurie Eisenberg, PhD, professor of obstetrics and gynecology and neurosurgery at the Keck School, about hearing protection is basically a death sentence for the ear,” according to Friedman.

A May 7 Reuters story posted on Yahoo quoted Rick Friedman, MD, PhD, professor of otolaryngology and neurosurgery at the Keck School, about hearing loss in musicians. “Playing loud music consistently without any hearing protection is basically a death sentence for the ear,” said Friedman.

A May 4 article in the Los Angeles Times featured Laurie Eisenberg, PhD, professor of research in the Department of Otolaryngology at the Keck School, and Mark Krieger, MD, associate professor of clinical pediatrics at the Keck School, about an operation on a 3-year-old child who was born deaf. The procedure was the first in a National Institutes of Health-funded clinical trial co-led by Eisenberg to study whether the device, which has traditionally been used on born deaf. The procedure was the first in a National Institutes of Health-funded clinical trial co-led by Eisenberg to study whether the device, which has traditionally been used on children who are born deaf. The procedure was the first in a National Institutes of Health-funded clinical trial co-led by Eisenberg to study whether the device, which has traditionally been used on children who are born deaf.

A May 4 column in the Los Angeles Times quoted Lon Schneider, MD, MS, professor of psychiatry, neurology, and gerontology at the Keck School, about age-related memory loss and Alzheimer’s disease.

A May 1 article in the Los Angeles Times reported the death of Laurie Eisenberg, PhD, professor of obstetrics and gynecology and neurosurgery at the Keck School, about age-related memory loss and Alzheimer’s disease.

A May 1 article in the Daily Pilot mentioned Burton Eisenberg, MD, executive director of the Hoag/USC Norris Cancer Program and professor of surgery at the Keck School, attended the Circle 1000 Founders’ Brunch Celebration, which benefited the Hoag Family Cancer Institute.

Keck School surgeon juggles science, skiing

By Crissy Lytal

Tracy Grikscheit, MD, really has her priorities straight.

“It goes: surgery, science, skiing,” said Grikscheit, principal investigator with USC Stem Cell and The Saban Research Institute.

Even though Grikscheit believes that “surgery has to go before science, because the kids don’t follow a schedule when they are ill,” she has made astounding research breakthroughs.

With $64 million in grants from the California Institute for Regenerative Medicine, Tracy Grikscheit and her team grew human small and large intestine in the laboratory.

Their approach is relatively simple: take discarded human intestine from the operating room, break it up and put it on a felt-like, biodegradable tube in a special machine.

Before long, the various progenitors and stem cells begin to work together to form new intestine, which hopefully can eventually be reconnected to the patient’s digestive tract.

Growing up near Alta, UT, Grikscheit discovered her passions for surgery, science and skiing. During high school, she visited the University of Utah lab that developed the artificial heart known as the Jarvik 7. This experience opened her eyes to the potential of combining medicine with engineering.

“I remember thinking, ‘That’s the future,’ ” she said.

By age 16, she was accepted to Harvard University, where she majored in biochemistry. She attended medical school and worked in a lab at Columbia University in New York, did her surgery residency in another lab at Massachusetts General Hospital in Boston, and completed her pediatric surgery residency at Seattle Children’s Hospital.

Before starting her job at Children’s Hospital Los Angeles in 2006, she decided to climb Lhakpa Ri, a Tibetan mountain with a view of Everest. The snows of the monsoon season came early, trapping her at 21,000 feet. The experience tempered her enthusiasm for summiting the world’s tallest peaks, and reminded her of the frontiers that matter most to her.

“There’s been this revolution in stem cell science in the last decade that’s getting very close to treating people,” she said.

“What fun! Science is going to be curing babies.”

Ming Hsieh Institute funds three nanomedicine studies

By Amy Hamaker

Nanomedicine studies at USC received a boost thanks to the USC Ming Hsieh Institute for Research on Engineering-Medicine for Cancer.

The institute recently announced three USC proposal award grantees for 2014.

The USC Ming Hsieh Institute helps fund proposals for new nanomedicine research projects that show exceptional promise for translation into clinical trials for cancer treatment.

Researchers must demonstrate that a modest seed investment will have significant impact on the research, either by initiating a novel concept or accelerating clinical trials.

The three proposals awarded were:

• Min Yu, MD, PhD, (primary investigator, Eli and Edythe Broad Center for Regenerative Medicine and Stem Cell Research at USC), and Julius Lange, MD, (co-investigator, USC Viterbi School of Engineering), “Nanoparticle Mediated Delivery Targeting TAK1 as Metastatic Breast Cancer Therapy;”

• Peter Conit, MD, PhD, (co-investigator, Radiology) and Jennifer Zaro, PhD, (Primary investigator, USC School of Pharmacy), “Optimization of pH-Sensitive Nanocostructures for Use in Targeting the Mildly Acidic Tumor Microenvironment;” and

• Alan Epstein, MD, PhD, (co-investigator, Pathology), Conit (co-investigator), Zibo Li, PhD, (co-investigator, Radiology) with Andrew McKay, PhD, (co-investigator, USC Pharmacy), “Bispecific Hybrid Nanoworms for Immunotherapy of B-Cell Lymphoma.”

The USC Ming Hsieh Institute integrates engineering, scientific and medical research to help speed discovery and bench-to-bedside research that improves the lives of cancer patients. The institute hopes to help develop new therapeutic approaches that minimize the adverse effects typically associated with conventional chemotherapy agents.

The institute was established in 2010 through a generous gift from USC Trustee and graduate Ming Hsieh, CEO and chairman of Fulgent Therapeutics. Hsieh recently was given the Elaine Stevely Hoffman Award for his extraordinary service in recognition of longstanding contributions and supreme dedication to the Keck School of Medicine of USC.
Keck Medicine of USC – Pasadena employees walk for better health

By Amy E. Hamaker

According to First Lady Michelle Obama’s “Let’s Move” initiative, adults should strive to be active for at least 30 minutes per day, at least five days a week for six out of eight weeks. Regular exercise has substantial benefits, including looking and feeling better, lowered blood pressure and cholesterol levels, improved blood sugar levels, stronger bones, more energy, and reduced stress and depression.

Employees at Keck Medicine of USC – Pasadena have a way to meet their exercise goals and reap those benefits, thanks to a new healthy living initiative called Pasadena Wellness Walks.

The initiative, begun on March 20, comprises seven routes: Five are totally accessible indoor on the building’s fourth floor, while two longer routes promote outdoor health and enjoyment around the block. Each path has a recommended number of laps that equal 1 mile: Outdoor routes include the North & South Lobby Route (six laps) and the Hospital Block Route (one lap). Indoor routes include the There and Back Again Route (20 laps), the Nurse’s Station Blitz (13 laps), the Bronze Route (20 laps), the Silver Route (12 laps) and the Gold Route (10 laps).

Keck Medicine of USC – Pasadena employees received maps of the various routes and healthy living tips to kick off the initiative. (The Nurse’s Station Blitz, Silver and Gold Routes travel directly through clinical areas, so walkers were also cautioned to be mindful of patients.)

“We can all be a little more healthy and fit,” said Clark Whitworth, an administrative intern and nurse of public health student who, along with Sharon Lee, associate administrator at Keck Medicine of USC – Pasadena, created the program.

“Sharon is passionate about wellness, and when we developed these routes we knew that being busy is probably the No. 1 excuse for not exercising,” he continued. “If people can build movement into their days, we can help overcome that. We tried to put ourselves in the shoes of our nurses, doctors and staff during their full schedules.”

Enzyme used in antidepressants could deter prostate cancer

By Kukla Vera

A newly-coled by researchers at the USC School of Pharmacy, among others, has found that suppressing the enzyme monoamine oxidase A (MAO-A) reduced or even eliminated prostate tumor growth and metastasis in mice.

The finding opens the door for physicians to possibly use the antidepressant drugs that had targeted MAO-A as a cancer-suppressant as well.

Jean C. Shih, PhD, University Professor at the USC School of Pharmacy, said, “This is the first paper showing that MAO-A plays an important role in prostate cancer progression and metastasis. MAO-A inhibitors may provide an unmet need in cancer treatment.”

Shih, who is co-corresponding author of a paper on the research that was published on May 27 in the Journal of Clinical Investigation, has studied MAO-A for 30 years. She collaborated with fellow co-corresponding author Leland Chung, a prostate cancer expert from Cedars-Sinai Medical Center. Their team included researchers from the Keck School of Medicine of USC and the Fourth Military Medical University in China. The first author, Boyang Wu, PhD, is Shih’s doctoral student at USC.

Leland Chung, PhD, corresponding author of the paper and director of the Uro-Oncology Research Program at the Cedars-Sinai Samuel Oschin Comprehensive Cancer Institute, said that when this enzyme is not suppressed, it produces a tumor-rich environment that fuels the growth and metastasis of prostate cancer cells.

“Suppressing this enzyme and combining it with current therapies may provide a better way to manage and cure men with metastatic prostate cancer,” he said.

MAO-A regulates the amount of neurotransmitters in the central nervous system by deactivating some — breaking them down. Like all enzymes in the brain, MAO-A is needed in optimum quantities to keep a person healthy. Too much MAO-A has been linked with depression, while too little with autistic behaviors, aggression and anxiety.

Recently, scientists noticed that MAO-A levels were especially high in individuals suffering from prostate cancer, but were unable to determine why.